



VIJAYANAGARA SRI KRISHNADEVARAYA UNIVERSITY
JNANASAGARA CAMPUS, BALLARI-583105

**Department of
Bachelor Social Work**

II Semester Syllabus

With effect from 2021-22 and onwards

BACHELOR SOCIAL WORK
COURSE OF VSK UNIVERSITY
BSW:Semester II
21BSW2C4: SOCIAL CASE WORK

Course Title: Social Case Work	Course code: 21BSW2C4
Total Contact Hours: 56	Course Credits: 03
Internal Assessment Marks: 40	Duration of SEE: 03 Hours
Semester End Examination Marks: 60	

Course Objectives	Teaching Learning Process	Course Outcomes
1. To understand the individual, family and their problems and the social contextual factors affecting them 2. To understand Social Casework as a method of Social Work practice 3. To gain knowledge about the basic concepts, tools, techniques, processes and Skills of working with individuals. 4. To develop an understanding of application of case work in diverse settings	1. Lecture 2. Assignment 3. Individual and 4. Group Presentation	1. Able to demonstrate familiarity with Casework processes, tools and techniques and their application in Professional Social Work Practice. 2. Able to develop skills of Observation, Listening, Interviewing And Home Visits, Rapport Building, Resource Mobilization and Recording.

Module I:	Introduction to Social Case Work:	10 Hours
	<ul style="list-style-type: none"> • Concept, Nature, Scope, Objectives and Importance • Principles of Social Case Work • Historical Development of Social Casework 	
Module II:	Understanding Individuals and Problems:	12 Hours
	<ul style="list-style-type: none"> • Nature, Needs and Problems faced by Individuals and Families • Social Role, Functioning and Coping Mechanisms • Components of Social Case Work (Person, Problem, Place, and Process) 	
Module III:	Tools, Techniques and Skills of Social Case Work:	10 Hours
	<ul style="list-style-type: none"> • Case work Relationship, Use of Authority and Advocacy • Communication: Observation, Listening, Interviewing and Home Visits • Rapport Building and Resource Mobilization • Recording in Casework 	
Module IV:	Approaches and Process of Social Case Work:	10 Hours
	<ul style="list-style-type: none"> • Task Centered Approach • Social Psychological Approach • Problem Solving Approach and Integrated approach • Case work Practice in different settings: Health, School, Elderly care 	

	Homes, Correctional, and Rehabilitation Centres	
Module V:	Practice of Social Case Work Method:	10Hours
	<ul style="list-style-type: none"> • Working with children, adults, women, physically and mentally challenged. • Case work methods in school settings, family and slum settings, industrial settings and agriculture settings, • Role of social case worker in addressing the problems and intervening to overcome such problems by individuals. 	

References:

1. Aptekar, Herbert (1955) *The Dynamics of Casework and Counselling*, New York: Houghton Mifflin Co.
2. Beistek, F.P. (1957). *The Casework Relationship*. Chicago: Loyola University Press.
3. Fisher, J. (1978). *Effective Casework Practice: and Eclectic Approach*, New York: McGraw Hill
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10. Rameshwari Devi, Ravi Prakash (2004) *Social Work Methods, Practice and Perspectives (Model of Case Work Practice)*, Vol. II, Ch. 3, Jaipur: Mangal Deep Publication
11. Richmond, Mary (1917) *Social Diagnosis*, New York: Free Press
12. Sainsbury, Eric. (1970). *Social Diagnosis in Casework*. London: Routledge & Kegan Paul.
13. Skidmore, R.A. and Thakhary, M.G. (1982): *Introduction to Social Work*. New Jersey: Prentice Hall.
14. Timms, N. (1964): *Social Casework: Principles and Practice*. London: Routledge and Kegan Paul.
15. Timms, N. (1972): *Recording in Social Work*. London: Routledge and Kegan Paul.
16. Upadhyay, R.K. (2003). *Social Case Work: A therapeutic approach*. Jaipur: Rawat Publications

BACHELOR SOCIAL WORK

COURSE OF VSK UNIVERSITY

BSW:Semester II

21BSW2C5: DYNAMICS OF HUMAN BEHAVIOR

Course Title: DYNAMICS OF HUMAN BEHAVIOR	Course code: 21BSW2C5
Total Contact Hours: 56	Course Credits: 03
Internal Assessment Marks: 40	Duration of SEE: 03 Hours
Semester End Examination Marks: 60	

Course Objectives	Teaching Learning Process	Course Outcomes
<ol style="list-style-type: none"> 1. To understand psychological concepts and its relevance to Social Work 2. To understand the basic concepts and processes in social psychology and its relevance to Social Work 3. To understand determinants and processes of personality Development 4. To understand social attitudes and psychosocial behaviour 	<ul style="list-style-type: none"> • Lecture • Assignment • Individual and Group Presentation 	<ol style="list-style-type: none"> 1. Able to understand Psychological concepts and its relevance to Social Work 2. Able to understand the basic concepts and processes in social psychology and its relevance to Social Work 3. Able to understand determinants and processes of Personality development 4. Able to understand social attitudes and psycho-socialbehavior.

Module I:	Introduction to Psychology:	10 Hours
	<ul style="list-style-type: none"> • Psychology: Concept, Definition and Relevance to Social Work • Perception and Learning: Definition, Perspective and Factors • Motivation: Concept and Factors affecting Motivation • Emotion and Intelligence: Concept, Factors affecting Emotion and Intelligence 	
Module II:	Human Growth and Personality:	12Hours
	<ul style="list-style-type: none"> • Human Growth and Development: Meaning and Stages • Personality: Concept and Determinants • Psychoanalytic Theories of Personality: Freud and Carl Jung • Behaviour and Humanistic Theories: B.F. Skinner and Carl Rogers 	
Module III:	Tools, Techniques and Skills of Social Case Work:	10Hours
	<ul style="list-style-type: none"> • Social Psychology: Concept, Definition and Relevance to Social Work • Influence of Groups on individual behaviour • Social Perception and Social Cognition: Definitions, Features and Factors • Social Influence and Interpersonal Attraction: Definitions, Features and 	

	Factors	
Module IV:	Approaches and Process of Social Case Work:	10Hours
	<ul style="list-style-type: none"> • Social Attitude: Meaning, Definition, Features and Formation • Collective Behaviour: Characteristics and Dynamics • Leadership: Meaning, Definitions, Traits and Functions • Stereotypes and Prejudices 	
Module V:	Adjustment and Conflict:	10Hours
	<ul style="list-style-type: none"> • Adjustment: Concept of adjustment and maladjustment, defense mechanisms, stress • Frustration and conflict: Sources of frustration and conflict, types of conflicts • Concepts of normality and abnormality, causation of mental illness, neuroses, psychoses, psychosomatic disorders • Measures to promote mental health and importance of Social Work practice in helping people with their needs and problems 	

References:

1. Atkinson, R. L., Atkinson, R. C., Smith, E. E., Bem, D. J. and Hilgard, E. R. (2013) Introduction to Psychology. New York: H. B. J. Inc.
2. Baron, R.A. and Byron, D. (1998). Social Psychology. New Delhi: Prentice Hal.
3. Dandapani, S. (2005). General Psychology. Hyderabad: Neel Kamal Publications.
4. Elizabeth, H. (1968). Development Psychology. New York: Mc Graw Hill.
5. Feldman, R.S. (1985). Social Psychology: Theories, Research and Applications. New York: McGraw hill.
6. Feldman, R.S. (1997). Understanding Psychology. New Delhi: Mc Graw Hill.
7. Hall, C.S. Lindzey, G. and Cambell J.B. (2004). Theories of Personalities. New York: Wiley M.
8. Kuppuswamy, B. (1972). Elements of Social Psychology. New York: Asian Publishing House.
9. Morgan, C.T., King, R.A. Weisz, J.R., Schopler, J. (2001). Introduction to Psychology. New Delhi: Tata McGraw and Hill.
10. Myers, D.G. (2005). Social Psychology (8th ed.). New Delhi: Tata McGraw Hill Pub. Co Ltd.

BACHELOR SOCIAL WORK
BSW:Semester II

Course Title Social Work Practicum – I	Course code: 21BSW2O2SW2
Total Contact Hours: 56	Course Credits: 03
Internal Assessment Marks: 40	Duration of SEE: 03 Hours
Semester End Examination Marks: 60	

Objectives:

- To give an insight on the living conditions of the various categories of the marginalized sections of the society
- To expose the students on various welfare schemes, projects and programmes provided by the governments and other welfare agencies for the needy sections of the community.
- To prepare the students at all levels in order to emerge them for becoming a social work professional through requisite knowledge, skills, and competencies
- To critically understand and appreciate the schemes, projects and welfare programmes of government and non-government organizations.
- To inculcate the writing skills, enhance the knowledge of report writing and documentation

Sl. No	Content	Methodology/ Module	No of days/visits/session	Learning Outcomes
1	Orientation Visits: Connecting professionals/community (Interaction with Achievers, Catalysts, Change makers, Practitioners, and Exposure Visits).	Lecture, orientation, workshop, training	05	Nurturing the students through practical exposure by interacting with the experts working in different fields
2	Workshop on professional Development (Blooming Social Work Professionals – Some Glimpses)	Workshop, Lecture, training	10	The students will be groomed in a nutshell in the lines of personality development, interpersonal skills, understanding the group members, group living experiences, attitude, behavioral aspects etc., which are need of the hour. Social Work is a practice and evidence based course, the students are encouraged and trained with regard to

				the writing skills, report writing and documentation. This will enhance them to understand the importance of writing the reports.
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1. Orientation Visits: Connecting Professionals/Community (Interaction with Achievers, Catalysts, Change makers, Practitioners, and Exposure Visits) There shall be a minimum of **5 orientation visits** in the first four weeks to expose and understand the services provided in responses to people's needs

2. Workshop on Professional Development (Blooming Social Work Professionals – Some Glimpses)

The Second semester Field Practicum will focus on preparing the students by opening the door to enter into the world of social work at the beginning level. The students will be oriented in terms of their better understanding in terms of personal self by providing the requisite skills and competencies, through many models, methods and strategies. They will be given clear information on writing skills, reporting and documentation along with a minimum number of days for actual Concurrent Field Work Practicum.

1. Communication Skills
2. Interpersonal Skills
3. Recording
4. Documentation

1& 2: The students will be groomed in a nutshell in the lines of personality development, interpersonal skills, understanding the group members, group living experiences, attitude, behavioral aspects etc., which are need of the hour.

3& 4: Since Social Work is a practice and evidence based course, the students are encouraged and trained with regard to the writing skills, report writing and documentation. This will enhance them to understand the importance of writing the reports.

3. Social Work Practicum

Every student of II Semester Integrated Social Work programme shall be placed in an agency for Social Work Practicum for two days in a week. Social Work Practicum aims at providing opportunities for application of knowledge and skills gained in the classroom into practice.

This learning experience shall provide an opportunity to work with individuals/families, groups, communities and managing organizational tasks. This will prospect the students to develop intervention skills in reality situations. The learner is expected to complete a minimum of 10 days of visits in this semester

Thematic Base:

1. Child Welfare Agencies (School/Anganwadi, Child Labour, Child Helpline and related areas)

The students will be placed to various agencies working in the areas of child welfare with a special emphasis on making them to have knowledge on the child related issues, present status and problems, services, facilities provided, various stages of learning of children Women welfare (Self Help Groups, Family Counselling Centres, Women Helpline)

2. **Anganwadi:** The administrative machinery of the government working for the welfare of the children through nutrition, balanced diet, and other important services provided for them will be emphasized on.
3. **Child Labour/ Helpline :**The present socio-economic conditions of children are dealt, wherein, the reasons for child labour, problem solving mechanisms, various welfare schemes provided by the government and non-government agencies will be touched upon. The services of Child help line set up by the government also will be covered.
4. **SHG's:** Knowledge on strengthening of women from all dimensions for their upliftment through self-help groups at the grass root level will be properly given clear information through practical aspects by the collaborative agencies working in the women welfare.
5. **Family Counseling Centre/ Help line:** The various emotional, psychological, legal problems facing by the women, children in particular, and family in general will be covered through practical exposure. In order to protect the women, children, aged the government has set up few helplines. The same will be oriented and prepared the students through pragmatic approach based on the guidelines of Social Work Practicum in order to assist the Government and various welfare agencies.

Format of Reporting

- History
- Vision/Mission
- Organization Structure
- Nature of Work
- Projects
- Funding
- Roles of Social Worker in the Agency

Assessment

Sl. No	Particulars	80% and above Outstanding	70% and above Excellent	60% and above very good	50% and above Good	40% and above Average
1	Attendance					
2	Observation skills					
3	Personality					
4	Application of theory into practice					
5	Professional outlook					
6	Report writing and documentation					

Criteria

1. 100% Attendance in fieldwork and the attendance with a minimum of 75% in theory classes is compulsory/mandatory
2. Student has to compulsorily undergo
 - A) connecting professionals/community (Interaction with Achievers, catalysts, change makers)(5)
 - B) Workshop on professional Development (Blooming Social Work professionals) (10)
 - C) Concurrent Fieldwork (10)
3. IC/GC
4. Submission of reports on every Monday to the respective faculty supervisor.
5. Submission of evaluation forms duly assessed and signed by both agency supervisor and faculty supervisor

REFERENCES

- Subedar, I. S. (2001). Field Work Training In Social Work. Jaipur: Rawat Publications
- Sanjoy Roy (2012), Fieldwork in Social Work, Rawat Publication, Jaipur
- Columbia University. (2015).Handbook for Student Social Work Recording, School of Social Work
- Kadushin, Alfred Harkness, Daniel (2005) Supervision in Social Work, New Delhi :Rawat Publication
- Kumar, S. (2002).Methods for Community Participation: A Complete Guide forPractitioners. London: ITDG Publishing.
- NarayanaRao, S. (2002). Counselling and Guidance. Tata McGraw-Hill Publishing Company Ltd
- O'Hagan, Kieran, et al (2003) Competence in Social Work Practice – A Practical Guide for Professionals, London

BACHELOR SOCIAL WORK

COURSE OF VSK UNIVERSITY

BSW:Semester II

21BSW202SW2:Social Work Concerns for Women and Child Development

Course Title: Social Work Concerns for Women and Child Development	Course code: 21BSW202SW2
Total Contact Hours: 56	Course Credits: 03
Internal Assessment Marks: 40	Duration of SEE: 03 Hours
Semester End Examination Marks: 60	

Course Objectives	Teaching Learning Process	Course Outcomes	CourseEvaluation
1. To develop an understanding with the key concepts and issues of women 2. To provide knowledge regarding policies and programmes related to children 3. To enhance skills dealing with problems faced by women 4. To develop ability to identify and respond to common problems of children 5. To develop an	1.Lecture Method 2.Power Point Presentation 3.Virtual Method 4. Individual Presentation 5.GroupActivities	1. Deeper understanding of issues related to women 2. Sound knowledge of the policies and programmes related to children 3. Enhancedproblem solving skills 4. Identification of problems related to children 5. Understanding early childhood development programmes	A. Semesterendexamination:60marks B. InternalAssessment:40marks

understandin g of the need for establishing early childhood development programmes			
Module I:	Social Construction of Gender:		10 Hours
	<ul style="list-style-type: none"> • Status of Women in India, Factors affecting status of women. • Sex and Gender, Gender Discrimination, Gender Stereotyping, • Gender Roles, Gender Perspective, Gender Analysis • Women in urban, rural and tribal communities • Problems of Single Women/Single Parent 		
Module II:	Issues Related to Female Children and Women in India:		12Hours
	<ul style="list-style-type: none"> • Female Feticide, Female Infanticide, Sex Ratio, Child Marriage, • Child Labourers, Dowry, Divorce, Widowhood, • Commercial Sex, Domestic Violence, Problem of Elderly Women, 		
Module III:	Social Work and Women Empowerment:		10Hours
	<ul style="list-style-type: none"> • Women Empowerment: Meaning, concept, objectives and significance. • Role of Self-Help Groups in Women Empowerment • Government Welfare Programmes for Women in Karnataka • Reception Centre/State Home for Women and Day Care Centre (Creche) • State Commission for Women 		
Module IV:	Problems and Protection System for Children:		10Hours
	<ul style="list-style-type: none"> • Child: Definition and Concept, Constitutional Provisions for Children in India • Convention on the Rights of the Child (CRC): Features, Development in India and Consequences • Ministry of Women and Child Development: Functions and programmes at the Central and State Govt. 		
Module V:	Legislation and Services related to children:		10Hours
	<ul style="list-style-type: none"> • Medical Termination of Pregnancy Act 1971 (MTP) and Amendment 2020. • The Pre-natal Diagnostic Technique (Regulation and Prevention of Misuse) Act 1994 (PNDT) • Juvenile Justice (Care and Protection Act) 2000 and 2015. • Right to Education Act 2009. • Protection of Children from Sexual offences Act 2012 (POCSO) 		

Services for children:

- Crèche – Requirement and functions, Balawadi - Requirement and functions
- Integrated Child Development Services (ICDS) – Objectives and services
- Child Line – Objectives and services and Integrated Child Protection Scheme (ICPS) – Services

References

1. B. Ramaswamy, 2013. Women and Law. Delhi: Isha Books.
2. Bharati Ray, (ed). 1995,1997. From the Seams of History: Essays on Indian Women. Delhi: Oxford University Press.

3. Bharati Ray, and Aparna Basu (ed). 1999. From Independence Towards Freedom: Indian Women Since 1947. New Delhi: Oxford University Press.
4. D. K. Bansal, (2006) Gender Violence. New Delhi: Mahaveer and Sons.
5. Desai, Murli (2005): Ideologies and Social Work: Historical and Contemporary Analysis. Rawat Publication.
6. Dubois, Brenda and Kalra, Krogurnd, Micky (2011): Social Work: An Empowering Profession 7th Edition. Pearson.
7. Revathi (2009). Laws relating to domestic violence. Hyderabad: Asia Law House
8. S. Khanna, (2009) Violence against Women and Human Rights. Delhi: Swastik Publishers and Distributers.
9. Swapna Mukhopadhyay. (1998). "In the Name of Justice: Women and Law in Society". Manohar, New Delhi
10. V. Prabhakar, (2011) Gender Violence: Women Victims in Man's World. New Delhi: Wisdom Press.